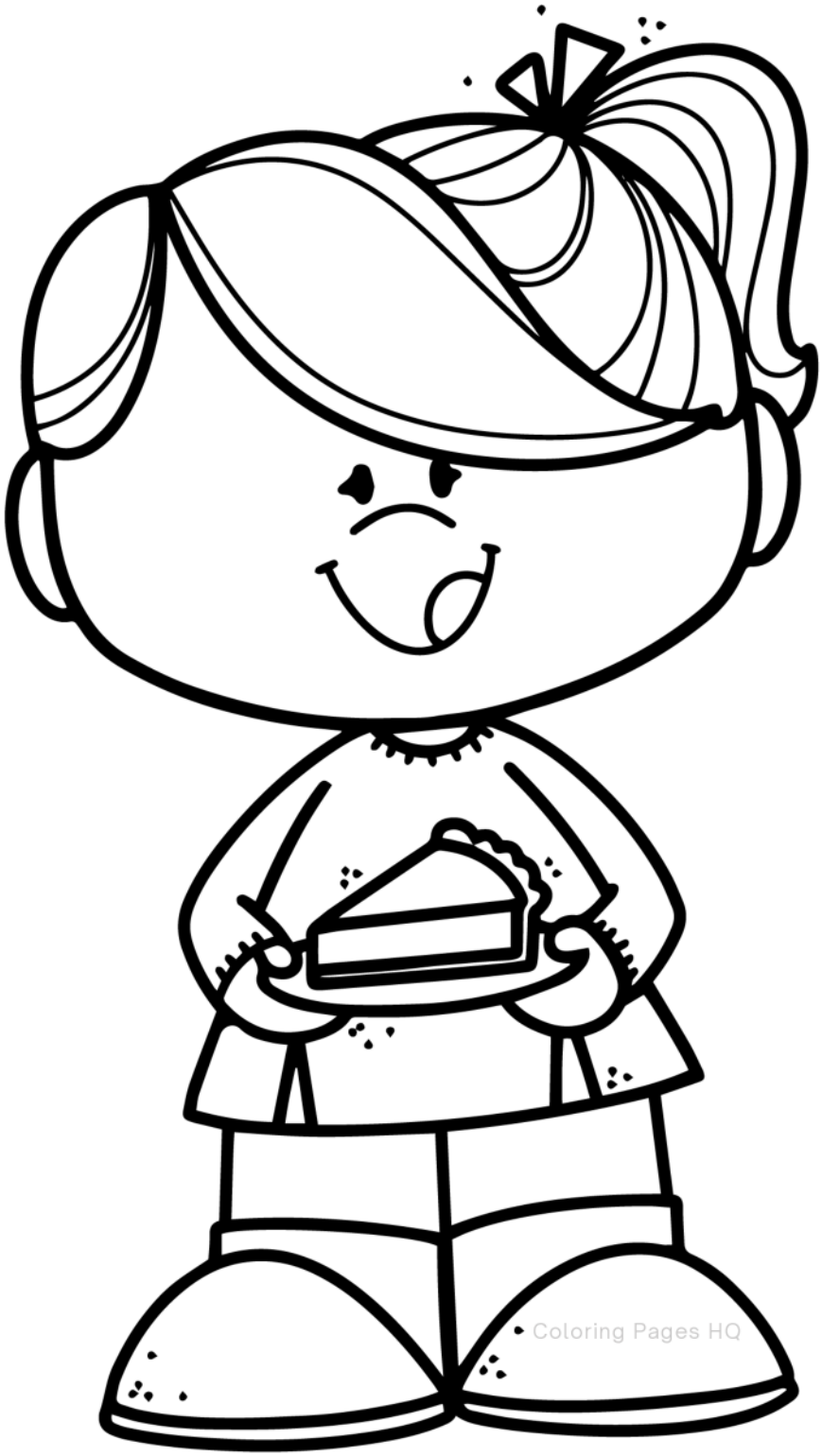I am thankful